



Effective December 11, 2017

Time	Class	Teacher(s)
Monday		
5:00 - 6:00 p.m.	Youth	Cara Hohnbaum
5:30 - 6:30 p.m.	Adults - Armed	Rob Tharp
6:00 - 7:00 p.m.	Youth	Cara Hohnbaum
6:30 - 7:30 p.m.	Adults	Rob Tharp
Tuesday		
4:30 - 5:15 p.m.	Jujutsu Juniors	Hilary Horrigan
4:30 - 5:30 p.m.	Children	Laurel Roemer
4:30 - 5:30 p.m.	Youth	Byron Holz
5:30 - 6:30 p.m.	Youth - Armed	Byron Holz
5:30 - 6:30 p.m.	Adults	John Hettinger
6:30 - 7:30 p.m.	Adults - Armed	Roland Roemer w/ John Hettinger
7:30 - 8:30 p.m.	Adults	Roland Roemer
Wednesday		
4:30 - 5:30 p.m.	Children	Laurel Roemer
4:30 - 5:30 p.m.	Youth	Zach Jordan
5:30 - 7:30 p.m.	Leadership Practicum (by invitation)	Roland Roemer
Thursday		
4:30 - 5:30 p.m.	Children	Laurel Roemer
4:30 - 5:30 p.m.	Youth	Byron Holz
5:30 - 6:30 p.m.	Youth - Armed	Ray O'Dell
5:30 - 6:30 p.m.	Adults	Jon Padia
6:30 - 7:30 p.m.	Youth	Ray O'Dell
6:30 - 7:30 p.m.	Adults - Armed	Roland Roemer w/ John Hettinger
7:30 - 8:30 p.m.	Adults	Jason Parker
Friday		
4:30 - 5:30 p.m.	Children	Laurel Roemer
4:30 - 5:30 p.m.	Youth	Zach Jordan
5:30 - 6:30 p.m.	Children and Youth Placement Seminars	Second Friday of each month only
6:30 - 8:30 p.m.	Adults Placement Seminars	Second Friday of each month only
Saturday		
9:30 - 10:15 a.m.	Jujutsu Juniors	Hilary Horrigan
9:30 - 10:30 a.m.	Adults	Rob Tharp
10:30 - 11:30 a.m.	Children	Laurel Roemer
10:30 - 11:30 a.m.	Adults	Rob Tharp
11:30 a.m. - 12:30 p.m.	Youth	Sterling Bailey
11:30 a.m. - 12:30 p.m.	Adults - Armed	Roland Roemer

- Jujutsu Juniors: Pre-school (ages 3 and 4) • Children: Kindergarten through 3rd grade (ages 5 through 8) •
- Youth: 4th grade through 8th grade (ages 9 through 13) • Adults: High school and up •